JULY ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Farmers Market 8-1pm 3pm music in the RB garden ** bring your own chair. Canada Day
2	3	4	5	6 Farmers Market 8-1pm	7	8 Farmers Market 8-1pm
2pm Tenant led board games	9am Activity books (L) 10 am Strength Training 10:45am Coffee Club (L) 2pm Q-Tip Firework painting 6:30 Pass the Ace	10 am Coffee Club (L) 11am Dancersize (L)	10am Strength Training 10:45am Coffee Club (L) 2pm Happy Hour w/ James King	10am Coffee Club (L) 10 am Goats in the garden (RB) 11am Youtube Yoga (L) 1pm Aquafit (Pool) 6:30pm Euchre (L)	10am Strength Training 10:45 Coffee Club (L) 1pm BINGO (L) 2pm Trivia (L)	10 am Coffee CLub 1-3 CYWOA (Lo) 2pm Tenant Led Euchre
9	10	11	12	13 Farmers Market 8-1pm	14	15 Farmers Market 8-1pm
2pm Tenant led board games	9am Activity Books 10am Strength Training 10:45 Coffee Club (L) 2pm Spa Hour (L) 6:30 Pass the Ace	10am Coffee Club (L) 11am Dancersize (L) 1pm Coffee with Stacey	10am Strength Training 1045 Coffee Club (L) 2pm Happy Hour w/ Pat Sugarman	10am Coffee Club (L) 11am Youtube Yoga (L) 1pm Aquafit (Pool) 6:30pm Euchre (L)	10am- Strength Training 1045 Coffee Club (L) 1pm BINGO (L) 2pm Trivia (L)	10am Coffee Club 2pm Tenant Led Euchre
16	17	18	19	20 Farmers Market 8-1pm	21	22 Farmers Market 8-1pm
2pm Tenant led board games	9am Activity Books (L) 10am Strength Training 10:45 Coffee Club (L) 1:30 Birthday Cake (L) 6:30 Pass the Ace (L)	10am Coffee Club (L) 11am Dancersize (L) Kaili away today	10am Strength Training 1045 Coffee Club (L) 3pm Gentlemen's Club (pub)	10am Coffee Club (L) 11am Youtube Yoga (L) 1pm Aquafit (pool) 6:30pm Euchre (L)	10am Strength Training 1045 Coffee Club (L) 1pm BINGO (L) 2pm Trivia (L)	10am Coffee Club (L) 1-3 CYWOA (Lo) 2pm Tenant Led Euchre
23	24	25	26	27 Farmers Market 8-1pm	28	29
2pm Tenant led board games	9:00 Activity books (L) 10am Strength Training 1045 Coffee Club (L) 2pm Hobby Show&Tell (L) 6:30 Pass the ACE	10am Coffee Club (L) 11am Dancersize (L)	10am Strength Training(L) 1045 Coffee Club (L) 2pm Fine Dining Set up(L) 5pm FINE DINING: Black Tie BINGO	10am Coffee Club (L) 11am Youtube Yoga (L) 1pm Aquafit (pool) 6:30pm Euchre (L)	10am Strength Training 1045 Coffee CLUB (L) 1pm Bingo (L) 2pm Trivia (L)	10am Coffee Club (L) 2pm Tenant Led Euchre
30 2pm Tenant led board games	31 10am Strength Training 1045 Coffee Club (L) 2pm Sea Turtle 3Dpaint 630 Pass the ACE					FINE DINING ENTERTAINER JUMPIN JIMMY

July 6th 10 AM Goats in the Garden at Royal Brock.

July 12th 2PM Happy Hour: Pat Sugarman in The Lounge.

July 17th 1:30 PM Birthday Cake in The Lounge.

July 26th 5pm Fine Dining: Black Tie BINGO!! Jumpin Jimmy preforming!

NEWS!!

Happy July Everyone!!

July 6th 10am Goats in the Garden at The Royal Brock. Special Thanks to Ken Spicer and Brockville Home Healthcare for sponsoring this activity! Due to the success of Gentleman's Club in June it's back! Wednesday July 19th at 3pm in the pub.

Birthdays

Elaine July 12th

Kaili is Away

Kaili is away Tuesday July 18th.

Fine Dining

Fine Dining theme this month is Black Tie Bingo with Jumpin Jimmy as your entertainer

The Royal Suites